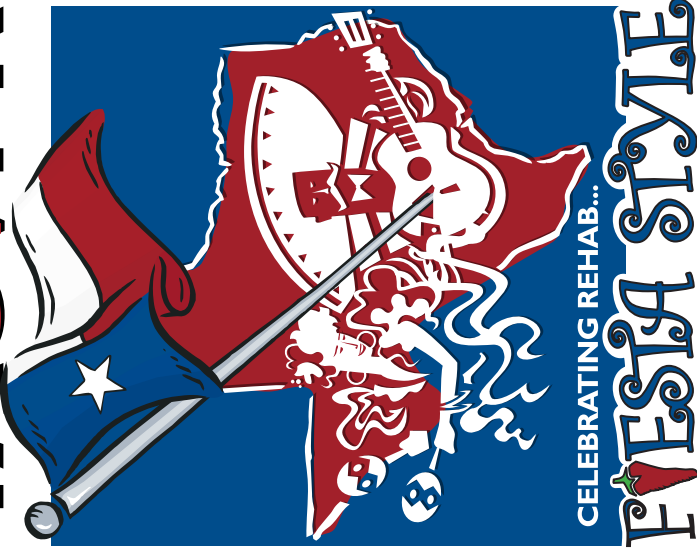


21<sup>ST</sup> ANNUAL CONFERENCE  
**TACVPR**



**APRIL 15 - 16, 2011**  
OMNI SAN ANTONIO HOTEL • SAN ANTONIO, TX

PRESORT  
STANDARD  
US POSTAGE  
PAID  
ARLINGTON, TX  
PERMIT NO. 419

21<sup>ST</sup> ANNUAL CONFERENCE  
**TACVPR**



**FIESTA STYLE**

**APRIL 15 - 16, 2011**  
OMNI SAN ANTONIO HOTEL • SAN ANTONIO, TX

**OVERVIEW/OVERALL GOAL STATEMENT**

The TACVPR is an organization dedicated to educating professionals in the fields of cardiac and pulmonary rehab. This conference will offer attendees up to date reimbursement information and guidelines, best practice models, and newest research available from experts in the field as well as strategies to address operational challenges in pursuit of innovative and cost-effective patient care. This conference will also focus on providing real world, practical information to develop, implement, and enhance your programs.

**TARGET AUDIENCE**

This program is specifically designed to meet the educational needs of nurses, physical therapists, respiratory therapists, and exercise physiologists.

**OBJECTIVES**

Attendees will be able to:

- Understand and apply new 2011 regulations to providing patient care in cardiac and pulmonary rehab programs.
- Apply advanced guidelines when prescribing exercise programs and establishing education plans for patients with cardiovascular disease and chronic pulmonary conditions.
- Network with multidisciplinary professionals working in the cardiovascular and pulmonary rehabilitation fields.
- Introduce two new programs available to cardiac and pulmonary rehab practitioners called Respiratory Therapy Rehab and Intensive Cardiac Rehab.

**ACCREDITATION STATEMENTS**

Continuing Education Credits will only be awarded at the end of Day 2. You MUST attend the entire conference to receive these credits. Please plan your travel accordingly.

**Nurses & Respiratory Therapists**

The Camenae Group, Inc. is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides **8.5** contact hours.

**Exercise Physiologists**

Continuing Education Credits have been applied for from the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR).

**VENUE & ACCOMMODATIONS**

**OMNI SAN ANTONIO HOTEL**

9821 Colonnade Blvd. • San Antonio, TX 78230 • Reservations: 800.843.6664

Special room rates, starting at \$109, single/double occupancy, are available. Group Rate room reservations must be received by March 25, 2011. After this date, they will be confirmed on a space-available basis at the group rate. Attendees will enjoy the special complimentary concessions negotiated for our conference including shuttle from airport to hotel, wireless internet access in all guestrooms, and complimentary parking.

Be sure to use TACVPR's name to get this great low room rate!

**TRANSPORTATION**

Complimentary hotel shuttle service from 6am - 10pm. Call 210.691.8888 to arrange. Taxi service is available to hotel for approximately \$20 one way.

**FROM SAN ANTONIO INTERNATIONAL AIRPORT** (8 miles / 16 minutes)

Follow signs to I-410 West to I-10 West; Exit Wurzbach Road/Medical Drive and proceed for about 1 mile to the Colonnade Office Complex; Turn right on Wurzbach Road then left on Colonnade Boulevard. The Omni Hotel is located on right.

# AGENDA

## FRIDAY, APRIL 15, 2011

- Noon-1:00 Registration / Exhibits
- 1:00-1:15 Opening Remarks  
Lorri Lee, BS, ACSM-RCEP, TACVPR President
- 1:15-2:15 **Keynote #1 • 12 Rules of Pursuing Personal Excellence**  
Randy Anderson, BS
- 2:25-3:25 **Breakout Session #1**
- A. Life Plan  
Randy Anderson, BS
  - B. Compliance with Newly Revised Federal & Local Medicare Regulations for Pulmonary Rehab in 2011  
Karen Lui, RN, MS, MAACVPR
- 3:25-3:45 Break / Exhibits
- 3:45-4:45 **Breakout Session #2**
- A. Compliance with Newly Revised Federal & Local Medicare Regulations for Cardiac Rehab in 2011  
Karen Lui, RN, MS, MAACVPR
  - B. Pulmonary Function Testing: What Those Doing Pulmonary Rehabilitation Should Know  
Mark Mangus, BSRC, RRT, RPFT, FAARC
- 4:55-5:55 **Keynote #2 - A 2011 AACVPR Health & Public Policy Update: Public Law 110-275, CMS Regulations and Future Challenges**  
Murray Low, EdD

 **Free Time to Fiesta in San Antonio** (on your own) 

## FACULTY

**Randy Anderson, BS**  
Training Consultant  
e3 Professional Trainers  
Lubbock, TX

**Kathy Bobick, MS, PT**  
CHRISTUS Santa Rosa  
Health System  
San Antonio, TX

**Barbara Flato, MSN,  
RN-BC, FAACVPR**  
Director of Cardiac Rehab  
CHRISTUS Spohn Health System  
Corpus Christi, TX

**Karen Lui, RN, MS, MAACVPR**  
Consultant  
GRQ Consulting  
Gainesville, GA

**Murray Low, EdD, FAACVPR**  
Program Director, Cardiac Rehabilitation  
Stamford Hospital  
Scarsdale, NY

**Kevin Maki, PhD**  
President  
Provident Clinical Research &  
Consulting, Inc.  
Glyn Ellyn, IL

**Mark W. Mangus, Sr., BSRC,  
RRT, RPFT, FAARC**  
Respiratory Care Practitioner  
San Antonio, TX

**Lauren McDonough, MS,  
CSCS**  
Exercise Physiologist  
Dallas, TX

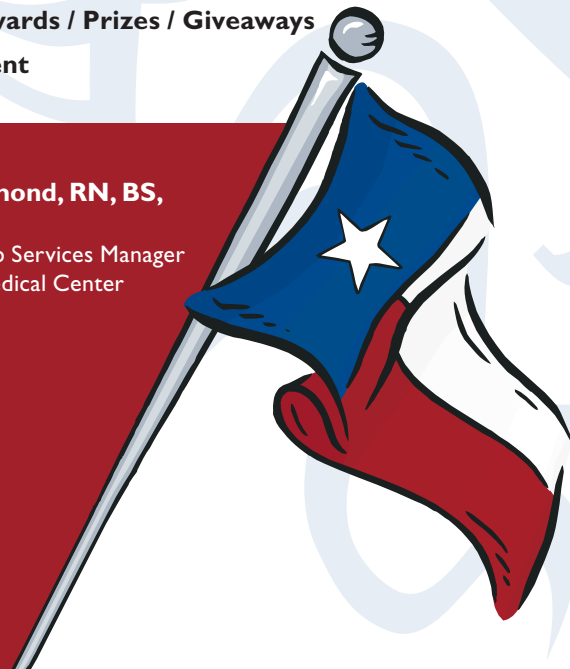
**John Porcari, PhD, FACSM,  
MAACVPR**  
Executive Director  
University of Wisconsin - La Crosse  
La Crosse, WI

**Laura Raymond, RN, BS,  
FAACVPR**  
Cardiac Rehab Services Manager  
St. David's Medical Center  
Austin, TX

## SATURDAY, APRIL 16, 2011

- 7:30-8:15 Registration / Breakfast - Sponsored in part by ScottCare
- 8:15-8:25 Opening Remarks  
Lorri Lee, BS, ACSM-RCEP, TACVPR President
- 8:25-9:25 **Keynote #3 - Mythbusters: What Health and Fitness Products Really Work?**  
John Porcari, PhD, FACSM, MAACVPR
- 9:30-10:00 Break / Exhibits
- 10:05-11:05 **Breakout Session #3**
- A. Exercise is Medicine: The Power of Physical Activity & Fitness  
Murray Low, EdD, FAACVPR
  - B. AACVPR Program Certification: Taking Your Program to the Next level  
Barbara Flato, MSN, RN-BC, FAACVPR
- 11:15-12:15 Lunch - Sponsored in part by Texas Beef Council
- 12:15-12:45 **Group Activity - TACVPR Game Show**  
Lauren McDonough, MS, CSCS
- 12:55-1:55 **Breakout Session #4**
- A. Treating the Cardiac or Pulmonary Patient with Orthopedic Issues  
Kathy Bobick, MS, PT
  - B. Maximizing and Enhancing Your Cardiac Programs Through Internships  
Laura Raymond, RN, BS, FAACVPR
- 2:05-3:05 **Keynote #5 - Diet or Physical Inactivity: Which is the Major Cause of the Obesity and Diabetes Epidemics?**  
Kevin Maki, PhD
- 3:05-3:15 **Announce New Board / Awards / Prizes / Giveaways**
- 3:15 **Evaluation and Adjournment**

**ACKNOWLEDGEMENTS**  
We extend our appreciation to the following sponsors who make our education conference possible:



TEXAS ASSOCIATION OF CARDIOVASCULAR AND PULMONARY REHABILITATION

# TACVPR

21<sup>ST</sup> ANNUAL CONFERENCE  
APRIL 15 - 16, 2011 • OMNI SAN ANTONIO HOTEL • SAN ANTONIO, TX

Please complete the form below to register or register online at [www.tacvpr.org](http://www.tacvpr.org). Space is limited and early registration is advised. Availability of on-site registration is not guaranteed. A \$25 service charge will be added to each returned check. Tuition includes continental breakfast, Saturday luncheon, digital syllabus and continuing education fees.

## REGISTRATION FORM

Name	
Title/Credentials	
Company	
Work Address	
City/State/ZIP	
Home Address	
City/State/ZIP	
Work Phone	Home Phone
Email	
RAP referral name*	

\*We are continuing our member recruitment program that rewards current members for their recruitment of new members. For more information, log on to [www.tacvpr.org](http://www.tacvpr.org) and click the Recruit-a-Pal Program link.

## REGISTRATION FEES

Registration Type	TACVPR Members	Non-TACVPR Members*	Full-Time Students
Prior to April 1	<input type="checkbox"/> \$130	<input type="checkbox"/> \$175	<input type="checkbox"/> \$70
After April 1/On-Site	<input type="checkbox"/> \$150	<input type="checkbox"/> \$195	<input type="checkbox"/> \$80

\* Non-member registration includes TACVPR annual membership dues.

## PLEASE MAKE CHECKS PAYABLE TO TACVPR

Cancellation Policy: Cancellations will be accepted until 5 pm CST April 2, 2010 and are subject to a \$20 administration fee. No refunds will be given after that date. Substitutions will be accepted. No-shows are not eligible for a refund. All preregistered, unpaid no-shows will be billed the full program tuition.

## MAIL REGISTRATION & PAYMENT

Julie Dunagan  
7241 Whispering Pines Drive  
Dallas, TX 75248  
[julie.hartman@baylorhealth.edu](mailto:julie.hartman@baylorhealth.edu)

## FOR MORE INFORMATION

Erika Abmas  
Email: [Erika.Abmas@baylorhealth.edu](mailto:Erika.Abmas@baylorhealth.edu)  
Phone: 214.820.9792

REGISTER ONLINE AT [www.tacvpr.org](http://www.tacvpr.org)